

TRIPLE P

POSITIVE PARENTING PROGRAMME

Greetings from **THK** Family Services Division. We are a Parenting Support Provider (PSP) and are partnering various Secondary Schools in 2022 to provide Parenting Support Programmes. We conduct Triple P (Positive Parenting Programme).

Triple P Programme Delivery for Parents



SEMINARS



GROUP SESSIONS



INDIVIDUAL SESSIONS

Scan for more information on Triple P



An online option for Triple P is also available. We offer follow-up counselling to parents who attend these programmes and refer them to other services if necessary.

JOIN US AT OUR SEMINARS:

Venue: Virtual Online Platform



Raising Responsible Teenagers

Date: 22 January 2022 (Saturday)

Time: 10am to 11.30am



Raising Competent Teenagers

Date: 29 January 2022 (Saturday)

Time: 10am to 11.30am



Getting Teenagers Connected

Date: 12 February 2022 (Saturday)

Time: 10am to 11.30am

Note

- All participants will receive a set of tip sheets for each seminar.
- If you have already attended this seminar series, you are more than welcome to attend again to refresh what you have learnt.



For enquiry and sign ups, kindly contact

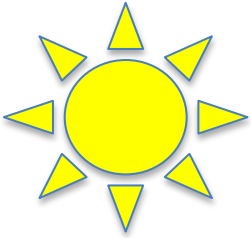
Tel: 6747 7514 | Email: psp_jurong@thkmc.org.sg

Triple P Seminars

Only for parents with a secondary 1 child



Has your teenage child started to STORM?
Do remarks like “I don’t know and I don’t care!” and “Later!” sound familiar to you?



Triple P will help you parent your teenage child as he/she becomes more individualistic. These seminars will equip you with the KNOW-HOW to build a trustworthy relationship with your child.

Fully sponsored!

Online via Zoom in 3 sessions
On the following Saturdays:

Dates: 22 Jan, 29 Jan and 12 Feb 2022

Time: 10-11.30 am



This invitation is going out to parents from **9 secondary schools** so scan and register **NOW** before all slots are taken.



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